ProStart Academy. Developmental

Soccer Yearly Plan 2023 Main TOPIC. Basic skills

	Week 1-2:	Evaluation "The Ba	asics".	Line Drills	Small Grid Games
 Passing and Receiving 					
	Week 3-4	Line Dance "Brazilian"			
		Circle Drills Dribbling, Trapping Small Grid Games			
•	Week 5 - 6	Shielding Ball Protection Small Grid Games Skills + Speed Fainting and Shooting 4 goal game			
•	Week 7-8	Modified Games			
•		Defending skills Modified Games			
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•	Week 9-10	Midfielders skills	Modified Games		
•		Forward skills	Modifie	d Games	
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•	Week 12:	Games			